

 Convenience ■ Affordability ■ Choice™

Ostomy Education



Colostomy ■ Ileostomy ■ Urostomy

 **Byram**
HEALTHCARE®
Part of the Owens & Minor Family



Byram Healthcare's Caring Touch at Home™

Ostomy Program offers you:

Convenience

Ostomy Center of Excellence (COE): Our Ostomy COE consists of a team of dedicated people that are 100% focused on ostomy care. Their goal is to ensure people with ostomies resume a normal lifestyle. Our ostomy specialists are well trained on the latest ostomy products, stoma management techniques, insurance reimbursement and coverage issues.

Custom Cutting for Ostomy Skin Barriers:

At Byram Healthcare Centers, we provide the unique service of customizing ostomy skin barriers to the proper stomal opening for Byram customers. Byram can provide custom cutting on most types of two-piece ostomy skin barriers.

Multi-Lingual Support

Our goal is to make it easy for our customers to work with us, eliminating language barriers that can often get in the way of accessing quality care and

outstanding service. Byram Customer Service representatives can access our language line at any time and translate up to 250 languages.

Ostomy Clinical Support:

The Byram Healthcare Ostomy Clinical CareLine is designed to support the needs of our current ostomy patients. Closely monitored by our contracted WOCN (Wound, Ostomy, and Continence Nurse), this CareLine is a great resource for anyone experiencing clinical trouble in regard to an ostomy. Our specialized Ostomy CareLine is a resource that can be used for clinical questions or concerns that pop up post discharge or between regular visits to your physician or hospital WOCN.

For Ostomy support, please contact:

Clinical Support CareLine:
1-877-902-9726 ext. 43312

Clinical Support CareMail:
clinical@byramhealthcare.com



Caring Touch at Home™ Ostomy

Getting to Know Your Ostomy

STOMA

Colostomy: Your large intestine has been re-routed so that your body wastes now exit through a stoma on your abdominal wall.

Urostomy: A small segment of your small intestine has been used to re-route urine through a stoma on your abdominal wall.

Ileostomy: Your large intestine has been removed and your small intestine re-routed so that your body wastes now exit through a stoma on your abdominal wall.

All stomas are basically the same, with the exception of size and shape. Your stoma should be red or pink. It is full of blood vessels, which are right on the surface. Your stoma should always be moist, similar to the inside lining of your mouth. It is a mucus membrane that has its own natural lubrication. Your stoma may bleed as it contains many blood vessels. At times when changing the appliance, you may see some blood; do not worry. Your stoma will mend itself, very much the same as when you bite the inside lining of your cheek or mouth. Your stoma has no feeling because it doesn't have nerve endings. The slight movement of the stoma is called peristaltic action. Your stoma will be swollen following surgery and may take from six to eight weeks to shrink. Measure your stoma at each appliance change during this initial period. The appliance must fit properly to protect the skin and to ensure a leak-proof seal.

LIFESTYLE TIPS

Generally, the best time to change your appliance is in the morning before breakfast. Examine the peristomal skin (skin surrounding the stoma). It should be the same color and texture as the rest of the abdominal skin. Avoiding skin irritation is much better than treating it.

You may take a bath or shower with your appliance on or off. Exposure to air, warm water and gentle soap is good for your skin. If you shower with your appliance on, the tape portion of the appliance will get wet. As the tape dries (you can blow dry with cool air or pat with a towel), it will remain secure on the skin.

Disclaimer: The recommendations and information on this brochure should not be considered a substitute for personal medical advice or diagnosis.

Colostomy: Discharge from your colostomy can vary from a formed stool, pasty-like consistency or just liquid depending on where the stoma was fashioned in the large colon; ascending, transverse, or descending. Some stomas can be controlled through irrigation; some can be managed with a closed-end pouch while others require the use of a drainable-style appliance.

There are no definite diet restrictions for colostomies, however some foods will cause excessive gas such as broccoli, cabbage, eggs, fish, beans. Other foods may be constipating and still others may produce odor while emptying. Experiment with one food at a time so problem foods can be identified easily.

Urostomy: Using a night drainage system will assure a good night sleep! While some prefer to get up periodically throughout the night to empty, it is more convenient to hook up to bedside drainage. The pouch remains empty and you can rest without worry.

There are no specific dietary restrictions for urostomates, but certain food such as asparagus will cause the urine to have more odor. Certain juices such as grapefruit and orange go into your system acidic but exit the body in an alkaline state. Too much alkalinity can cause crystals to build up around the stoma. Cranberry juice is very beneficial in keeping alkaline levels in check.

Ileostomy: Chew all food thoroughly. Popcorn, peanuts, coconut and food with seeds or kernels should be eaten with discretion. Onions, cabbage, spicy foods, fish, garlic and beans may cause an odor when emptying the appliance. Green beans, broccoli, spinach, raw fruits and beer may cause diarrhea. Add one new food at a time so you can identify problems.

Know what medications you are taking; avoid enteric coated pills and time release capsules. These medications are usually not absorbed due to their outer coating. They may exit into the pouch in their original state. Remind your physician that you have an ileostomy, which may necessitate a different choice of drug. You may discuss this with your pharmacist as well.



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How many supplies will my insurance company pay for?

How many supplies will my insurance company pay for?

The table below outlines the quantity of supplies that Medicare will reimburse for in a given amount of time. Many health plans also follow Medicare's guidelines. Higher quantities may be available, depending on specific medical reasons documented by your physician. Please contact your Byram Healthcare ostomy specialist at 1-800-308-9445 for questions specific to your insurance.

Item	Unit	Allowable Amount	
		30 Days	90 Days
Wafer with Flange	Ea	20	60
Pouches-Drainable	Ea	20	60
Pouches-Closed End	Ea	60	180
Stoma Cap	Ea	31	93
Paste	Oz	4 oz	12 oz
Barrier Wipes	Ea	25	75
Skin Barrier Sheets	Ea	20	60
Skin Barrier Rings	Ea	AMN	
Skin Barrier Spray	Oz	2 oz	6 oz
Skin Barrier Strips	Ea	20	60
Liquid Adhesive	Oz	4	12
Adhesive Remover Wipes	Box/50	AMN	
Tape 1" X 10 yards	Ea	2	6
Tape 2" X 10 yards	Ea	1	3
Deodorant, Liquid	Oz	AMN	
Deodorant, Tablet	Ea	AMN	
Ostomy Belt	Ea	1	3
Convex Inserts	Ea	10	30
Irrigation Sleeves	Ea	4	12
Irrigation Bags	Ea	-	1
Irrigation Cone	Ea	-	1
Irrigation Catheter	Ea	-	1
Lubricant	Oz	AMN	

AMN=As Medically Necessary.

Byram Healthcare has interpreted Medicare policy in order to create the above reference information and assumes no responsibility for inconsistencies in the policy. All medical and claims determinations will be made by Medicare or your insurance plan.

Ostomy Reimbursement

MEDICARE ASSIGNMENT

*No up-front out-of-pocket expense. If you have Medicare, Byram is a Medicare participating provider.

Byram will also bill your secondary insurance for the remaining 20%. You can relax, knowing our reimbursement experts will handle all of the paperwork and obtain prescriptions from your physician.

*On assigned items when billing co-payment to secondary insurance for full payment.

PRIVATE INSURANCE AND MANAGED CARE

Byram will work directly with your insurance company to ensure that you receive your full benefits. Since medical supply coverage and reimbursement varies by health plan, we will be happy to investigate your supply coverage with your insurance company.

MEDICAID

Byram participates in a growing number of state Medicaid programs. Our customer service representatives will be happy to discuss your particular state's coverage of medical supplies.

CUSTOMER SERVICE

Our ostomy specialists are committed to your satisfaction. Our representatives have extensive product and reimbursement knowledge to make ordering easy and convenient. If you do not see the product you are looking for in the catalog, or have any questions, contact our customer service department for assistance toll-free at **1-800-308-9445**.

SHIPPING

There is no charge for shipping on insurance covered orders. Most orders will ship the same day by FedEx Ground or through local regional couriers. This provides you with prompt, reliable nationwide delivery. Express shipping options are available.

PRIVACY POLICY

Byram adheres to state and federal laws complying with the confidentiality of business and customer privacy, including the federal HIPAA (Health Insurance Portability and Accountability Act) regulations. If you would like a copy of our Privacy Policy, please visit our website or contact us and we will gladly mail you our policy.



Call us toll free!
1-800-308-9445

My Ostomy Information

Be prepared. Use this form to ensure you have all your ostomy information in one place.

Surgery information:

I have a: temporary permanent colostomy
 ileostomy urostomy other

Surgery was performed at: _____

Date of surgery: ____ / ____ / ____

Surgeon's name: _____

Phone # () _____ - _____

WOC /Ostomy nurse's name: _____

Phone # () _____ - _____

Home Health Agency information:

I was discharged to: _____

Home Health Agency phone # () _____ - _____

Home Health Agency nurse: _____

Date of Home Health discharge: ____ / ____ / ____

Insurance information:

Primary insurance: _____

ID # _____

Secondary insurance: _____

ID # _____

Primary Doctor is: _____

Phone # () _____ - _____

Ostomy product information:

I use a: 1-piece appliance 2-piece appliance

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Custom Cutting Program

What is custom cutting?

Custom cutting is die-cutting the center opening of a wafer to fit the exact shape and size of your stoma.

When is custom cutting recommended?

Custom cutting is most beneficial six to eight weeks after surgery, once your stoma has shrunk and stabilized in size.

Benefits of Byram's custom cutting service:

- Provides accurate sizing and proper fit so less time is spent changing the appliance.
- A better fit translates into longer wear time.
- Decrease leakage issues and skin irritation.
- Less skin breakdown translates to fewer physician visits.
- Assists persons with arthritis, vision impairment, or finger/hand dexterity problems.

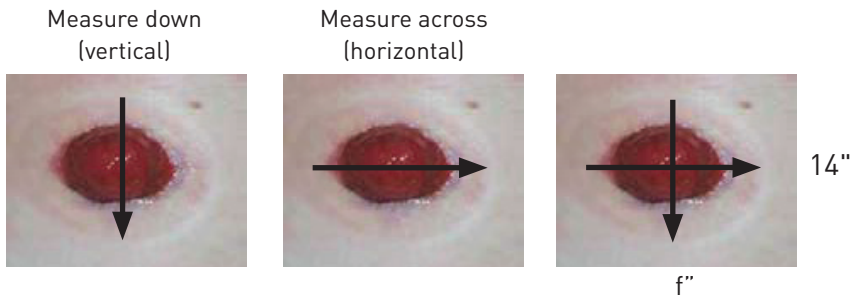


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Custom Cutting Program

How to measure a stoma:

1. For oval stomas, the nurse/ostomate must provide the horizontal measurement.
2. The nurse/ostomate must also provide the vertical measurement.
3. The size now becomes, for example: f"v x 14"h



To have your skin barriers custom cut,
please contact Byram customer service: 1-800-308-9445

CUSTOM CUTTING ORDER GUIDE*

ITEMS TO BE CUT: _____

CUTTING SIZE

Shape to be cut: ROUND Size to be cut: _____

(check one) OVAL Size to be cut: _____ X _____
vertical horizontal

**Custom cut supplies are not returnable. Please allow an extra day for delivery.*

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Problem Solving: Colostomy and Ileostomy

Many problems can be solved with simple home remedies or accessory products.

Are you experiencing problems with excess gas?

- Be careful with foods that are gaseous in nature: beans, cabbage, beer, etc.
- If possible, select a pouch with a filter (most closed-end and some drainable models incorporate a filter) or add a filter to your current appliance.
- Never puncture the material on the pouch, this destroys the odor-proof film and allows odor to seep out at will. You can also add a gas vent tab to the top of your bag to release air.

Are you experiencing problems with odor?

- Everyone using the bathroom creates an odor. However, stool or fecal material that is contained in an appliance for several hours builds up bacteria and may be more offensive when emptying.
- There are many good appliance deodorants on the market that can help neutralize odors within the pouch.
- Certain foods may cause more odor. You may want to avoid these if you'll be using a bathroom away from home.
- Please refer to the section in this book labeled "Food Which May Influence Stoma Function."
- To order or inquire about appliance deodorant, please call a Byram Representative at **1-800-308-9445**.

Do you have difficulty in emptying or disposing of your pouch?

- Always place some bathroom tissue in toilet prior to emptying pouch contents. This will eliminate back splash.
- Place clip on the pouch so the end of the tail spout is facing upward (rather than under), this will allow easier emptying and directing into the toilet.
- Clean tail spout inside and out with tissue prior to applying the clip or securing the "Velcro-like" closure.

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Problem Solving: Colostomy and Ileostomy

Do you have difficulty with stool or fecal material not dropping down in pouch?

- Leave a small amount of air in pouch when emptying; do not flatten pouch.
- Before applying the clip or securing “Velcro-like” closure, pull walls of pouch apart to trap a small bubble of air. This will prevent clothing from pressing down on the appliance.
- A lubricating deodorant can ease pouch emptying and help prevent pouch static and sticking. For more information regarding lubricating deodorant, please call Byram at **1-800-308-9445**.
- You may also want to talk to your doctor about using a stool softener to help thin out your stool. This may help stool fall into the bag more easily.

Are you experiencing problems with liquid drainage?

- Use a jelling agent to solidify drainage - contents will slide out easily. A Byram Representative can assist you in choosing a jelling agent to help thicken liquid stool. This will decrease noise and allow the contents to slide out more easily.
- Single use packets make jelling agents easy to use with each pouch change. You may want to wear an ostomy belt to help hold the wafer on more securely.
- Remember to place toilet paper into the toilet first to decrease splashing.



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Problem Solving: Urostomy

Do you have problems with mucous clogging the valves?

- Mucous cannot be avoided since the urostomy is fashioned from the small intestine. Call Byram customer service for assistance at [1-800-308-9445](tel:1-800-308-9445).

Are you experiencing problems with your night drainage tube?

- Always keep a small amount of urine in your pouch prior to connecting to night drainage. This will give an immediate flow of urine down the tube and break any air pockets.
- Be sure that the tubing is straight down the bed, or with a curl if placed on the side of the bed. Using a leg strap will prevent twisting and kinking of tube.

How can you wash pouches and night bag?

- There are a variety of appliance cleaners available for urinary systems. For ordering information, call Byram at [1-800-308-9445](tel:1-800-308-9445).
- In a pinch, white vinegar and water can also be used to rinse out urinary pouches, and a baking soda and water solution is effective in night bags.

Does your tubing become discolored?

- Most night drainage bottles or bags are disposable in nature because they are very difficult to clean with long usage.
- To discuss available urinary appliance cleaners and decrystallizers call Byram custom service today for assistance at [1-800-308-9445](tel:1-800-308-9445).

**Byram has the ostomy accessories you may need
to manage your ostomy easily and effectively.**

**To reach our Ostomy Center of Excellence,
please call: [1-800-308-9445](tel:1-800-308-9445)**

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Food Which May Influence Stoma Function

Foods Which May Thicken Stool

May decrease stomal output and help in managing diarrhea.

Applesauce	Potatoes
Bananas	Rice
Milk, Boiled	Tapioca
Cheese	Whole wheat bread
Chocolate	
Peanut Butter	



Foods Which May Increase Stomal Output

May cause an increase in peristalsis and may also be used as a means to relieve constipation.

Alcohol	Fruit, Raw	Vegetables, Leafy
Beans	Fruit Juice	
Beer	Iced Beverages	
Broccoli	Milk, Fresh	
Cabbage	Onions	
Coffee	Prunes	
Cucumbers	Plums	
Figs	Rhubarb	
Fried Foods	Spicy Foods	



Foods Which May Discolor Fecal Output

If you notice a discoloration of the stool, think back to what you have eaten to note if food may be the cause. Call your doctor when stool discoloration is not food related.

Beets	Licorice	Tomato Juice
Food Dye	Red Jello	Vitamins w/Iron
Iron Pill	Spinach	Watermelon
Kool-Aid	Strawberries	

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Food Which May Influence Stoma Function

Foods Which May Produce Gas

Apple Juice	Cheese, Strong	Peas
Asparagus	Chewing Gum	Radishes
Beans	Cucumbers	Spices
Beer	Eggs	Spinach
Broccoli	Fish	Sprouts
Brussel Sprouts	Fruit Juice	Sweet Potato
Cabbage Family	Melon	Vegetable
Carbonated	Mushroom	Juice
Beverages	Nuts	Yeast
Cauliflower	Onions	



Foods Which May Inhibit Gas

Apple Juice	Cranberry Juice
Buttermilk	Yogurt

Foods Which May Produce Odor

Ileostomy		Urostomy	Colostomy
Alcohol	Fish	Asparagus	Asparagus
Beverages	Garlic	Fish	Baked Beans
Asparagus	Mushrooms	Onions	Broccoli
Baked Beans	Nuts		Fish
Broccoli	Onions		Onions
Cabbage	Pears		Pears
Cheese	Vitamins		
Eggs			



Foods Which May Inhibit Odor

Buttermilk	Parsley	Tomato Juice
Cranberry Juice	Spinach	Yogurt
Lettuce		



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Ileostomy: Food Blockage and Fluid & Electrolyte Balance

Ileostomy

One of the benefits of your surgery will be the eventual return to most of your pre-illness dietary habits. For six to eight weeks, you may be kept on a low residue diet, which eliminates bulky and hard-to-digest foods. This is done so that your small intestine has time to adjust and heal. In six to eight weeks, you may start slowly adding foods from the omitted column of the low residue diet. It is strongly suggested that you add only one food at a time from the list of high fiber foods so that you can identify problem foods. If a food disagrees with you, do not delete it from your diet forever, wait a while and try it again. Remember that your small intestine needs several months to adjust to its new functions and to recover from surgery.

Food Blockage

Chew your food thoroughly to help assure that you get the full nutrient value, and so that it is more easily digested in your stomach and small intestine. If a large mass of food, especially high fiber foods, is passed into your intestines, it could become lodged at a kink or narrowing in the intestine and cause a food blockage. If the lodged food does not move forward, it could cause you to become dehydrated as your small intestine pulls water from your body cells into the intestine lumen in an attempt to rid itself of the blockage.



Ileostomy: Food Blockage and Fluid & Electrolyte Balance

The following list of foods should be added one at a time and to be extra sure to chew thoroughly. These foods are extremely high in bulk and are partly or totally undigested, even when the large intestine is present. They are either broken down by bacteria in the large intestine or are passed undigested, masked in feces.

- Celery
- Chinese foods
- Coconut
- Coleslaw
- Dried fruits
- Fruit with tough skins
- Meat in casings
- Nuts
- Popcorn
- Raw vegetables or fruits
- Seeds or kernels

Symptoms of Food Blockage	Possible Causes
Discharge changes from semi-solid to a thin liquid	Food is blocked, but water passes around it
Total volume of output increases and functions almost constantly	Water is drawn from bloodstream in an attempt to rid itself of blockage, and intestines become hyperactive
Objectionable odor	Bacterial overgrowth occurs at the blockage and causes fermentation of foodstuff
Cramping and/or abdominal pain usually followed by increase in watery output	Increased intestine activity to rid itself of blockage
Distended abdomen and/or stomal swelling	The blockage traps gas and liquids in the intestine lumen
Vomiting	Further attempts of body to rid itself of blockage by moving in the direction of least resistance Complete blockage

Ileostomy: Food Blockage and Fluid & Electrolyte Balance

Fluid & Electrolyte Balance

A portion of the water and salt you ingest will be lost in your fecal output because your small intestine will not reabsorb. Your small intestine will assume some reabsorption of water and salt with time. Ileostomates are more prone to dehydration especially with vomiting, diarrhea or excessive sweating, as these conditions result in water loss. Unless any or all of these continue for long periods, you can probably counteract the situation with “home remedies.” Along with the water that you lose, you also lose salt and other chemicals, or electrolytes, that keep your body in balance. Listed here are the symptoms of dehydration, salt (sodium) and potassium depletion and the “home remedies.” (If at any time you have the symptoms for a prolonged period or the condition does not improve, contact your doctor.)

Symptoms	Home Remedy
Dehydration	
Marked thirst; dry skin and mucous membranes; decreased urinary output; shortness of breath; fatigue; abdominal cramping	Any fluid, especially Gatorade® (Fluids other than water will also provide necessary electrolytes)
Potassium Depletion	
Muscle weakness; gassy, bloated feeling; fatigue; decreased sensation in arms and legs; shortness of breath	8-oz glass of orange juice; hot, strong tea; bananas; Gatorade®
Sodium Depletion	
Loss of appetite; drowsiness; abdominal cramps; faint feeling, especially when standing; cold arms and/or legs	8-oz glass of water with 2 tsp salt; 8-oz glass of water with 2 tsp soda bicarbonate; boullion; Gatorade®

Travel Tips

Travel plans do not need any special attention other than careful preparation. However you travel, be sure to anticipate your needs.

Here are some travel tips to keep your journey relaxing.

- ✓ Create a detailed list of all the supplies you use; catalog numbers, sizes, description, cut size (a copy of your last Byram invoice will do the trick). Pack extra supplies but do not overload.
- ✓ While traveling, should an emergency arise, simply call us at **1-800-308-9445** for assistance. You can also look in the yellow pages under “Surgical Supplies.” Do not panic if you cannot find the model of appliance you are currently using; many brands are similar and can get you through this time.
- ✓ Always pack your supplies in a separate suitcase or carry-on and never allow this bag to leave your side. When traveling by car, avoid leaving supplies in your trunk, as excessive heat may cause wafers or other items to melt.
- ✓ Appliance wear-time may shorten in hot climates, so be prepared to change more frequently if needed.
- ✓ When traveling on planes, remember the restrictions on liquids for carry-on luggage. Put liquid deodorants or adhesives in your checked baggage or put some into less than 3 oz. travel containers.
- ✓ If you are going to be swimming, you may need to change your wafer more frequently. You may secure your wafer by “window framing” it with waterproof tape.
- ✓ The Transportation Security Administration offers a helpline to assist travelers with disabilities and medical conditions. TSA Cares can be reached toll free at 1-855-787-2227 prior to traveling with questions about screening policies, procedures and what to expect at the security checkpoint.

The most common complaint of all travelers is a change in bowel habits due to different foods, unfamiliar water, schedule and time changes. Ask your physician for a prescription for diarrhea before leaving home. Drink only bottled water if possible and try new foods one day at a time.

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TRAVEL COMMUNICATION CARD

Compliments of the United Ostomy Associations of America, Inc.

This is provided to travelers in order to simplify communication with federal Transportation Security personnel and airline flight attendants, at those times when you wish or need to communicate in a non-verbal way, as is your legal right.

This is **not** a “certificate” and it is **not** a “pass” to help you avoid screening.

Please trim to wallet-size and laminate if desired. The blue color is important, as it is a “flash-card” developed by the TSA so their own officers will recognize it and be guided to treat the traveler with discretion and sensitivity.

If laminated in a double-side manner, it can be used ‘blue side out’ during security screening, and the white side out when communicating non-verbally with airline personnel.

JUST CUT OUT, FOLD AND PUT WITH TRAVEL DOCUMENTS

NEWS: As of January 2011 - You may always have a travel companion with you during a private screening

- TSA officers should NOT ask you to show your pouch—you may be asked to rub over your pouch outside your clothing so they can test your hand to rule out explosive residue.

- To file a complaint, send an email to TSA.ODPO@dhs.gov (with a copy to advocacy@uoaa.org, please)

F O L D L I N E

Notification Card

I have the following health condition, disability or medical device that may affect my screening:

(Optional)

I understand that presenting this card does not exempt me from screening.

TSA respects the privacy concerns of all members of the traveling public. This card allows you to describe your health condition, disability or medical device to the TSA officer in a discreet manner. Alternate procedures which provide an equivalent level of security screening are available and can be done in private.

Presenting this card does not exempt you from screening.

~~ GOTTA GO NOW ~~ RESTROOM ACCESS

The cardholder contains body waste in an **OSTOMY POUCH** (stool/urine) and/or carries pouches and related supplies and/or a catheter to manage personal hygiene. S/he needs access to the restroom now in order to empty the pouch — this is critical for the cardholder's well-being and for public sanitation.



TRAVELER'S COMMUNICATION CARD

Provided by the UOAAA, a volunteer-based health organization dedicated to providing education, support and advocacy for people who have or will have intestinal or urinary diversions.

United Ostomy Associations of America
www.ostomy.org 1-800-826-0826

My Ostomy Supplies

PRODUCT TYPE	Qty. Needed	Brand / Item # / Description
DRAIN POUCHES		
WAFERS/ FLANGES		
CLOSED POUCHES		
BARRIERS/ RINGS		
PASTE		
SKIN BARRIER STRIPS		
SKIN BARRIER WIPES		
ADH. REMOVER WIPES		
DEODORANT, LIQUID		
OSTOMY BELT		
OSTOMY POWDER		
OTHER		
OTHER		

When you call to place an order, please have the following information ready:

- Your insurance information
- Your doctor's information (name and phone number)
- Items you wish to order

Pouching System Quiz

This quiz will help reinforce what you have learned about your pouching system. Please answer true or false for each statement.



Closed

- T/F: Convenient because they can be thrown away when it's about half filled
- T/F: Good option for colostomies of the lower intestinal region, where output is thicker
- T/F: Can be used along with drainable pouches



Drainable

- T/F: Opened at one end, can be emptied, rinsed, securely closed and reused
- T/F: Best used for ileostomies and colostomies of the higher intestinal regions, which produce a more frequent, liquid or paste-like output
- T/F: Available in different lengths
- T/F: May have a built-in or separate tail closure



Urostomy

- T/F: Designed for urinary stomas
- T/F: Have a valve opening for faster, more convenient draining of urine and mucus
- T/F: Can be attached to a drainage container at night

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One-Piece System

T/F: Skin barrier and pouch are attached to skin together

T/F: No assembly and fewer steps to apply; generally more flexible

T/F: One connection point means fewer places for possible leakage



Two-Piece Systems

T/F: The barrier is attached to the skin, and the pouch connects to the barrier

T/F: Easier to switch to a different type of pouch

T/F: Easier to clean pouch

T/F: Less skin irritation from changing barriers

T/F: Allows stoma to be visible, making it easier to center the skin barrier



Opaque/Transparent Pouches

T/F: An opaque pouch is more discreet

T/F: Transparent material in a one-piece system can help you center the wafer onto the stoma



Cut-to-Fit/Precut Barriers

T/F: Cut-to-fit barriers allow you to customize the skin barrier opening to fit your stoma

T/F: Pre-cut barriers provide a consistent fit around the stoma

T/F: Pre-cut barriers perform best when used after your stoma has stabilized in shape



Filtered

T/F: Releases gas, but not odor

T/F: Prevents the pouch from ballooning and the need to "burp" the pouch

T/F: Good choice for colostomies with thicker output or when eating gas-causing foods

If you answered True to all of these statements, you are correct!

Supply Order Form

Phone: 1-800-308-9445 Fax: 1-866-811-4500
 For CA orders: Phone: 1-800-213-0890 Fax: 1-800-238-9252

Patient Information

Customer Name: _____
 Ship-To Address: _____
 City, State, Zip: _____
 Tel # Daytime: (____) _____
 Tel # Evening: (____) _____
 DOB: _____ M F

Is patient being seen by a home health nurse?
 Yes No

Patient Insurance Information

Medicare Medicaid Private Insurance
 Insurance Policy #: _____
 Group #: _____
 Insurance Tel #: (____) _____

Patient Secondary Insurance Information (if applicable)

Insurance Policy #: _____
 Group #: _____
 Insurance Tel #: (____) _____

I need to order (check all that apply):

- Diabetes Supplies Ostomy Supplies Wound Care Supplies
 Urology Supplies Incontinence Supplies Enteral Supplies

Product Number	Product Description	Quantity

*Medicare allows a 90 day order for many supplies.

Physician Information

Dr. Name: _____
 Dr. Address: _____
 City, State, Zip: _____
 Dr. Tel #: (____) _____
 Dr. Fax #: (____) _____

If you are a prescriber, please complete the following:

Prescriber Name: _____
 Secure Fax #: _____
 NPI: _____

Checking this box attests the prescriber signature below corresponds to the prescriber name and NPI detailed above.

Prescriber Signature:

Payment Method (if ordering non-covered items)

Check or money order, payable to Byram Healthcare
 MasterCard VISA AMEX Discover
 Card #: _____
 Exp Date (mm/dd/yr): _____
 Signature: _____



Caring Touch at Home™ Ostomy

Byram Healthcare provides focused care you can trust. The Byram Healthcare Ostomy Clinical CareLine is designed to support the needs of our current ostomy patients, new referrals and healthcare professionals. Closely monitored by our contracted WOCN (Wound, Ostomy, and Continence Nurse), this CareLine is a great resource for anyone experiencing clinical trouble in regard to an ostomy. Our specialized Ostomy CareLine is a resource that can be used for clinical questions or concerns that pop up post discharge or between regular visits to the physician or hospital WOCN. The Ostomy CareLine is excellent tool for new ostomates, or long-term ostomates who may have developed a new issue. Our CareLine WOCN knows when to recommend in person care, but also has the knowledge to address a variety of issues.

Clinical Support CareLine:
1-877-902-9726 ext. 43312

Clinical Support CareMail:
clinical@byramhealthcare.com

To order ostomy supplies: 1-800-308-9445

Disclaimer: The recommendations and information on this brochure should not be considered a substitute for personal medical advice or diagnosis.



To order ostomy supplies: **1-800-308-9445**



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