



Byram Healthcare
Continuing Education | 2023



How to Stay Up-to-Date with Byram's CE Program

Byram Healthcare offers a CE distribution list which sends emails that will keep you up to date on upcoming CE news such as new courses being added, or general information on our program. If you have any questions about the CE program or would like to be added, please contact: **continuingeducation@byramhealthcare.com**



Byram Healthcare 2023 Continuing Education Courses

Byram Healthcare's Continuing Education Program makes available an on-demand library of accredited webinars for health care professionals, including case managers, nurses, social workers, WOCNs, certified diabetes educators and registered dietitians..

We provide education based on relevant topics within Diabetes, Ostomy, Wound Care, Urology, Home Health, and Managed Care. We currently offer 34 courses, with more being added throughout the year. All Byram courses are complimentary and available to access online. To take our courses, you must first register. You will then have access to all of our courses in a written format. Take as many courses as you want at your own leisure. Every course includes the objectives, accreditation information, author information, and the course content in written form. All courses are board approved, easy to read, and worth 1 CE credit upon completion. To receive a certification, you must pass the post-test with an 80% score. You will then be able to print your certificate. Please note, there is no limit as to how many courses you may take in a day, however you must register to receive credit.

Do You Prefer Recorded Presentations?

If you prefer to watch a presentation of the course, Byram Healthcare offer's recorded presentations of each topic. Please see the recorded webinar page through our on demand website. The landing page hosts the links to the recorded videos and corresponding post tests.



On-Demand CEUS: <http://hi-r-ed.org/bhcourses.asp>
or scan the QR Code.

DIABETES

Carbohydrate Counting: A Primer

This course reviews carbohydrate counting for the diabetes patient. Examined are the role carbohydrates play in the management of blood glucose, how best to maximize control over blood glucose levels using precise measurements of carbohydrates, and the benefits this approach can have on diabetes disease management, body weight, and overall quality of life. The program focuses on two concepts: basic carbohydrate counting as a way to keep blood glucose levels consistent, and advanced carbohydrate counting which is used to help calculate insulin doses.

Weight Loss as a Tool for Managing Type 2 Diabetes

This course is designed to better prepare clinicians when working with clients with diabetes. Specifically, this course delves into the issue of how weight management can benefit patients with diabetes. Examined are the issues of why weight loss impacts the progression of diabetes, why it effects medication therapies, and discusses strategies for motivating your patients to lose weight.

A Caregiver's Guide to the Effective Use of Diabetes Medications

This course examines diabetes medications and their uses in type 1 and type 2 diabetes. Discussed will be the various types of medications currently available, their mechanisms of action, their indications for use, and the different delivery mechanisms used to administer them.

The Effects of Stress on Diabetes

This course examines the role stress has on diabetes and diabetes management. Discussed will be the differences between acute and chronic stressors, what types of complications stress can cause people with diabetes, and ways to reduce both physiologic and psychologic stress.

Continuous Glucose Monitoring and the Path Towards Automated Insulin Delivery

This course examines the new generation of continuous glucose monitors that are being designed to work with a variety of insulin pumps, using sophisticated algorithms that can interpret data and make complex insulin dosing decisions on behalf of the patient. There are numerous benefits with these integrated systems, and we will discuss these with an eye towards incorporating them into the participant's practice.

Hypoglycemia: Awareness and Prevention

This course will give the practicing case manager an up-to-date base of knowledge that can be used to assist in managing hypoglycemic episodes as found in their patients with diabetes. This course examines hypoglycemia in the diabetic population, focusing on its short- and long-term consequences, how to prevent and treat hypoglycemia, and the key concepts that should be included in patient education.

Insulin Pump Therapy

With the widespread growth of type 2 diabetes, insulin is now used by 4-5 million Americans. Insulin pumps represent the most effective mechanism for insulin delivery. This program covers the basics of how insulin pumps work, the pros and cons of pump therapy, patient selection and training criteria, as well as strategies for safe and effective implementation.

Diabetes Mellitus and Related Treatment Strategies

Diabetes is characterized by chronic hyperglycemia which results from metabolic diseases. There are several different kinds of diabetes and each type can be specifically diagnosed and managed according to national guidelines for evidenced-based practice. Guidelines also include recommendations for reimbursement for particular diagnostic, management activities and products to improve patient care access and adherence. This course examines type 2 diabetes, looks at the therapeutic options available, and explores strategies that can help contain costs associated with diabetes care.

Byram Healthcare provides clinical education programs to support your ongoing credentialing needs.

Essentials of Diabetes Care

Nearly 37.3 million people, or about 11.3% of the United States population, has been diagnosed with diabetes. This diabetes primer examines type-2 diabetes, its etiology as well as the basics of diabetes care, including treatment goals and management strategies. While there are a number of treatment strategies that should be tailored for each individual, this course provides an overview of the primary treatment strategies that can be used to manage type 2 diabetes.

Managing Gestational Diabetes Mellitus

This course examines the etiology of gestational diabetes and its inherent risk factors, as well as therapy goals for the mother with an eye towards the health of the fetus. Treatment strategies, including lifestyle changes, are discussed for preventing type 2 diabetes later on in the mother, as are risks the disease presents for the baby.

Managing Treatment Adherence Issues in Diabetes

Patient adherence to recommended diabetes treatments can improve clinical and quality of life outcomes. This course will give the clinician a practical view of some of the common barriers to treatment adherence that patients with diabetes face. The course will review guidelines and strategies to improve patient adherence, ranging from self-management and motivation, to the provider-patient relationship, to enabling the patient to utilize community resources and support.

Type 1 Diabetes: Current Management Strategies

Type 1 diabetes is due to a deficiency in the hormone insulin. In affected individuals, the tendency for the immune system to “attack” insulin-producing cells is present from birth. This course reviews the etiology of type 1 diabetes, as well as management of the disease including treatment goals and management strategies. Participants will learn to define the three primary factors that influence blood glucose levels and the general methods for administering both basal and bolus insulin injections.

Type 2 Diabetes: A Review of Current Management Strategies

Type 2 diabetes is the most common form of diabetes in the United States, and has been linked to unhealthy lifestyles and family histories. This course discussed risk factors, diagnostic criteria, and treatment goals for type 2 diabetes. Also examined are treatment options and lifestyle changes that can significantly impact outcomes for the type 2 diabetes patient.

Continuous Glucose Monitors: State of the Art in Diabetes Cares

Continuous glucose monitors can give the educated patient an extra measure of control in managing their diabetes. This course discusses the use of continuous glucose monitors and the patient education necessary for their safe and proper use, as well as how they can provide more precision in blood glucose.

Diabetic Foot: Assessment and Prevention

This course will review the critical features of a diabetic foot comprehensive assessment which is necessary to prevent complications such as foot ulcers and limb loss. Discussed will be the three types of neuropathy that contribute to the development of complications, and how offloading options for the diabetic foot can prevent ulceration and facilitate limb salvage. Also detailed are the wound characteristics of a diabetic foot ulcer and various treatment modalities. Important foot care tips to share with all patients are also discussed.

Keep ‘Em Out of the Hospital: Sick-day Diabetes Management

People with diabetes can get sick even when trying their best to prevent it. As a care provider, being prepared and knowing what to do for your diabetes patients if they are experiencing sick days is very important. This program will examine safety risk factors and the physiology of sick days specific to this population, as well as medication adjustments that can be made to help minimize disruptions to their normal daily routines.

Diabetes Complications and Prevention

Healthcare professionals need sufficient diabetes knowledge to provide safe, competent care to their patients with diabetes and pre-diabetes. This program will examine the role of diabetes pathology in the development of vascular complications, as well as pharmacological and lifestyle interventions which can reduce the risks of these events.

Nutritional Principles for Diabetes Care Diabetes

Understanding the basic principles of nutrition and its impact on diabetes management is the key to providing optimized care. This program will examine the challenges faced by the healthcare professional when providing nutrition counseling to their patients with diabetes, with a focus on the impact of macro-nutrients on blood sugar levels, nutrient deficiencies common to this population, and the difficulty in providing diet advice when socio-economic barriers are present.

Exercise Prescription for the Diabetes Patient (New!)

Exercise can have a profound effect on diabetes management. This program will examine the role of exercise in terms of physiologic benefits, psycho-social benefits, and the short- and long-term impacts of aerobic and anaerobic exercise on diabetes.

**Courses are geared towards
nurses, case managers, social
workers, WOCNs, certified diabetes
educators and registered dietitians.**

Strike the Spike: Minimizing Glucose Variability (New!)

Glucose variability can predict hypoglycemia in both type 1 and type 2 diabetes, but focusing on avoiding hypoglycemia misses the importance of glucose variability and its role in postprandial glycemic management. This program will examine the role hypoglycemia plays in reducing hyperglycemic excursions, as well as pharmaceutical options for reducing postprandial hyperglycemia.

The Psychosocial Impact of Living with Diabetes (New!)

People living with diabetes face specific chronic stressors because of their disease. This course will examine the relationship between diabetes and mental health, while examining how biochemical changes caused by their diabetes play a role, as well ways for the healthcare professional to identify early signs and symptoms of diabetes distress. Also discussed will be appropriate language clinicians can use to reduce stress in their patients when interacting with them.

OSTOMY

Ostomy Basics and Patient Education

This course reviews the different types of ostomies currently in use and their aspects of care including those that are most important for patients and caregivers to know. Examined will be ostomy care, the various available ostomy accessories and their uses, and patient education topics that every ostomy patient should know.

Caring for your Ostomy Patient

Preoperative care and patient education are important features in supporting the stoma patient. This course reviews the basic principles of ostomy care for both fecal and urinary diversions. Discussed are the characteristics of the predominant stoma types and the pouching options available for them, as well as particular patient assessment findings which determine when the use of certain ostomy accessories are beneficial. Also reviewed are the various factors that commonly cause problems for ostomy patients, and how to identify and mitigate them

Our educational courses consist of **1-hour CE credits.**



MANAGED CARE

Medical Standards of Care

Medical Standard of Care, or best practice, is frequently used in healthcare to evaluate and provide appropriate care for patients. This course examines the development of standards of care, their use as benchmarks in healthcare performance, as well as their legal and ethical impacts. Also discussed will be the specific standards of care for various conditions and customer (patient) expectations.

Value-Based Payment Models

This course examines alternative payment models in healthcare. Why they have come to exist, what they are in their various current iterations, how they impact reimbursement for the provider (not to mention the care they provide) and lastly, where payment models are headed for the future.

Fall Prevention: A Review

Falls in the geriatric population are common, and are related to several assessment indices. This course examines the causes of falls, with an eye towards prevention. Risk factors, patient, home and work environment assessments, and the role of the nurse, therapist and social worker in the evaluation, prevention and treatment of falls are discussed.

UROLOGY

Documentation for Urological Supplies Coverage

Documentation for Urological Supplies Coverage reviews the need for proper documentation in order to optimize coverage of urological supplies, and why it is important to the patient, as well as their financial and medical well-being. Examined in detail will be the key characteristics of proper documentation for urological supplies—without which claims could be denied by Medicare.

Managing the Patient with a Urinary Catheter

This course examines management principles for patients with indwelling catheters. Discussed will be the types of urinary catheters frequently seen in home care and their rationale for use, as well as considerations for short- versus long-term catheterization and indications for each. Also examined will be principles of catheter management including perineal hygiene, specimen collection, drainage bag care, bag change frequency, catheter removal and post-removal catheter site care. Catheter complications will be highlighted including CAUTI, obstructions, bypass leakage, catheter-related bladder discomfort (CRBD) and skin breakdown, and implications for the patient's quality of life. Rounding out this course will be information on patient/care-giver education to support the successful management of the patient with a catheter.

Understanding Overactive Bladder: Symptom Management and Treatment

This course examines the causes of overactive bladder (OAB), as well as methods to diagnose and treat the condition. Getting patients to open up about this condition is often difficult, so this program addresses various methods of reaching out to these patients, complications associated with OAB, pharmaceutical and therapy-related treatment modalities available, and appropriate absorbent product selection.

Prevention and Management of Catheter-Associated Urinary Tract Infections (CAUTI)

Catheter-associated urinary tract infections (CAUTI) are common in patients with indwelling urinary catheters. This course examines the causes of CAUTIs as well as how to care for, manage, and prevent them in patients who are at risk for, or suffer from, catheter-associated urinary tract infections. Also discussed are patient education strategies for use by the patient and their caregivers/families.

WOUND CARE

Documentation Essentials in Wound Care

This course reviews the basics of wound documentation in order to produce complete and proper documentation so that more comprehensive treatment may be realized, as well as more accurate reimbursement. Discussed will be the reasons accurate and complete documentation is important, and what it should include for the various types of wounds.

Overview of Wound Care Treatment

Wounds are classified in several ways according to their incidence, cause, stage and others. Several factors are associated with impaired wound healing including ongoing disease and malnutrition. This course defines chronic wounds, and discusses the healing process, related treatment options, and guidelines for appropriate care.

Nutrition in Wound Healing

Successful wound healing is dependent on many factors including the patient's nutritional status. This course will discuss the relationship between nutrition and wound healing, as well as options for nutrition intervention, including special considerations for patients with diabetes. Among the nutrition interventions examined are dietary counseling, nutrient supplementation and when to use specialized nutrition support.

HOME HEALTH

Measurement Tools for Patient Satisfaction

This course will examine patient satisfaction and the various tools used for its measure, with a focus on home healthcare. Discussed will be patient experience versus patient satisfaction, and the influences that affect evaluation results. Also examined will be the attempts at standardization within the healthcare industry, as well as ways to validate evaluation results.

CONTINENCE

Continence Management: Avoiding Complications and Providing Better Outcomes

This course will cover the basics of continence management including an understanding of the types of incontinence, proper assessment techniques, identification of complications and methods to avoid them, as well as strategies to improve continence care.

Management and Prevention of Incontinence Associated Dermatitis

This course will cover dermatitis associated with incontinence. The program examines how to identify incontinence-associated dermatitis (IAD), risk factors and causes, management/treatment options, and strategies for preventing re-occurrences.

Dementia and Incontinence (New!)

Dementia is more than just memory loss. Learn about parts of the brain affected by Dementia and Alzheimer's disease, why such declines can happen, and approaches to managing personal care that could be helpful in the long-term care setting.

Talking About Incontinence (New!)

Incontinence is common in the disabled population and case managers field calls and make visits to them on a daily basis. This presentation will give needed guidance as to how to talk with their clients about their issues and give sound advice to improve their condition. Useful techniques and practical examples will help both clinicians and non-clinicians. Troubleshooting methods will also be discussed.



First Quality's Live CE Program

CERTIFIED CASE MANAGER CE SESSIONS:

All Sessions will be held live on the scheduled date at 12:30 PM ET

The Commission for Case Manager Certification only grants CEs for Board Certified Case Managers.

To obtain any other professional type of CEs, please contact the appropriate state licensing/certifying board.

January	
Management and Prevention of Incontinence Associated Dermatitis (IAD)	January 19
February	
Talking to People About Incontinence: A Hands-On Guide for Case Managers	February 16
March	
Dementia and ADLs: Creative Care Techniques for Caregivers	March 16
April	
Continence Management: Avoiding Complications and Providing Better Outcomes	April 13
May	
Management and Prevention of Incontinence Associated Dermatitis (IAD)	May 18
June	
Talking to People About Incontinence: A Hands-On Guide for Case Managers	June 15

July	
Dementia and ADLs: Creative Care Techniques for Caregivers	July 13
August	
Continence Management: Avoiding Complications Providing Better Outcomes	August 17
September	
Management and Prevention of Incontinence Associated Dermatitis (IAD)	September 14
October	
Talking to People About Incontinence: A Hands-On Guide for Case Managers	October 19
November	
Dementia and ADLs: Creative Care Techniques for Caregivers	November 16
December	
Continence Management: Avoiding Complications Providing Better Outcomes	December 14

NURSING CE SESSIONS:

All Sessions will be held live on the scheduled date at 12:30 PM ET.

Nursing courses are accredited by Florida Board of Nursing for 1 CE credit

Restorative Nursing: Toileting Programs with PDPM	Dementia and ADLs: Creative Care Techniques for Caregivers	Continence Management: Avoiding Complications Providing Better Outcomes	Management & Prevention of Incontinence Associated Dermatitis
March 2, 2023	June 8, 2023	September 7, 2023	December 7, 2023

First Quality CE courses are NOT recorded.

If you have any questions about First Quality's courses, please reach out to: Kimberly Owen (kowen@firstquality.com).

byramhealthcare.com   

Wound Care | Diabetes | Urology | Ostomy
Incontinence | Enteral Nutrition | Breast Pumps

©2023 Byram Healthcare Centers, Inc. All rights reserved.
BHLIT349 | Continuing Education 2023



Part of the Owens & Minor Family