

Dexcom



getting started:

Dexcom G7
receiver



All images are representational.

components



Dexcom G7 Receiver

The Dexcom G7 receiver displays readings up to every 5 minutes.



Applicator

Painlessly^{1,2} inserts the sensor with the push of a button.

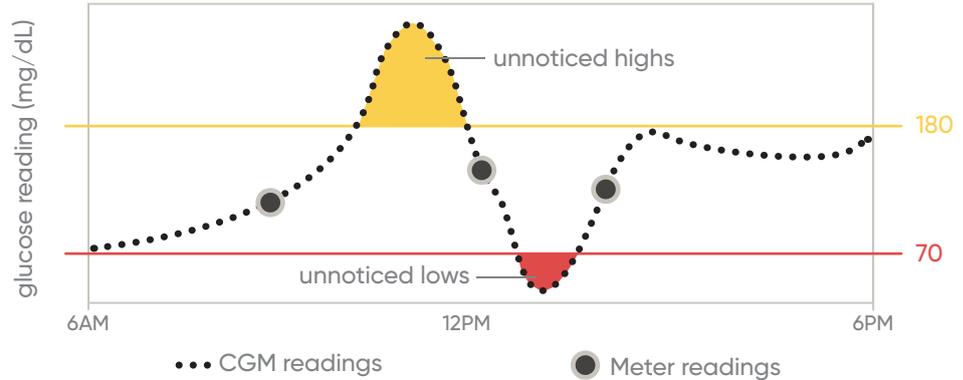


Sensor

Measures glucose levels under the skin and sends data to the receiver. **The Dexcom G7 and Dexcom G7 15 Day sensor work with the Dexcom G7 receiver.**

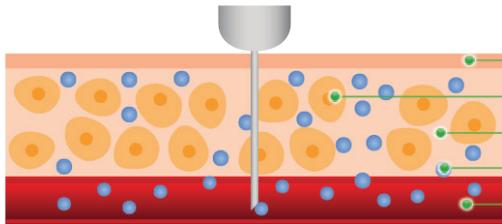
BGM vs CGM

A blood glucose meter (BGM) measures glucose levels at a single moment in time, while continuous glucose monitoring (CGM) continually checks glucose levels throughout the day and night and can alert you if your glucose levels go too high or too low.

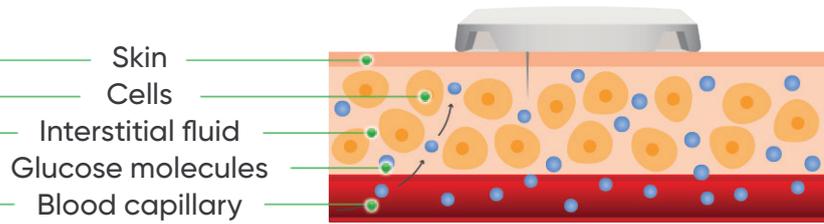


CGM readings and BGM values may not be the same and that's okay. CGMs and blood glucose meters measure glucose from two different types of body fluids: interstitial fluid and blood.

Blood glucose meter (BGM)



Continuous Glucose Monitoring (CGM)



Skin

Cells

Interstitial fluid

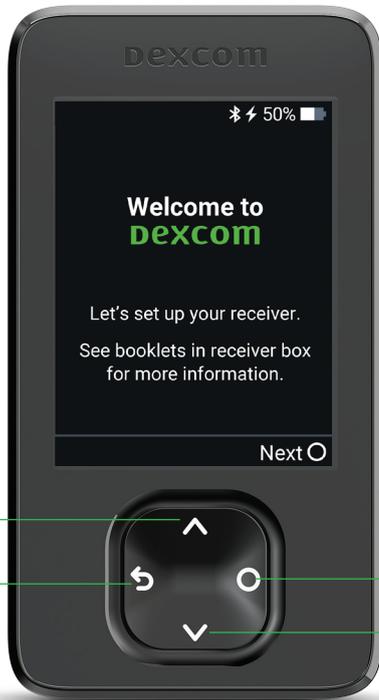
Glucose molecules

Blood capillary

BOTH BGM AND CGM READINGS CAN BE DIFFERENT AND STILL BE CONSIDERED ACCURATE

step 1: turn on receiver

To turn the receiver on press and hold the **Select** button for 3-5 seconds. Select **Next** on the Welcome Screen to get started. To scroll faster hold down the **Scroll** button. To move to next field, use the **Select** button.



Scroll Up

Go Back

Select

Scroll Down



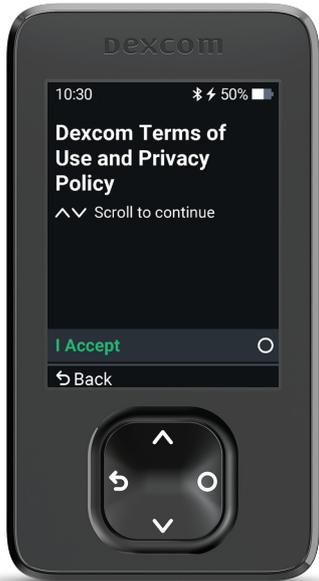
Tip: Regularly check and update your receiver to the latest software. Visit clarity.dexcom.com on a desktop computer, connect your receiver, and follow the on-screen instructions.



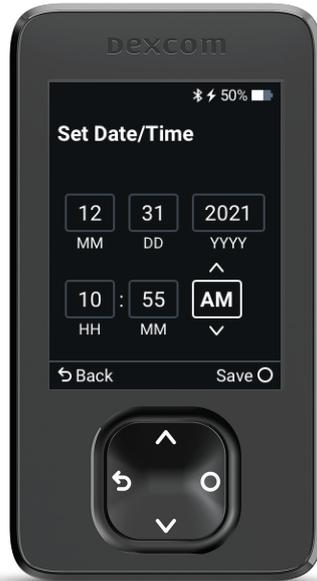
Tip: Visit dexcom.com/training-videos to watch videos on getting started, inserting your sensor, or ending your sensor session.

step 2: set up receiver

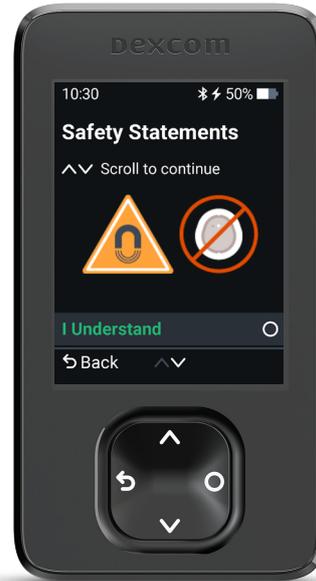
The receiver walks you through the entire setup process step-by-step. Just follow along for a successful setup. When prompted, insert your sensor.



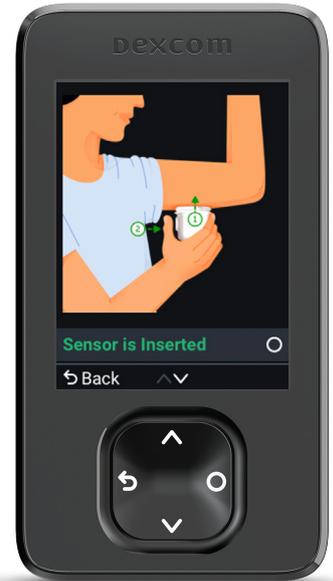
Accept Terms of Use.



Enter date and time.



View mini tutorial.



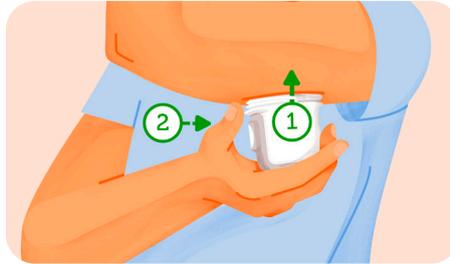
Insert sensor.

step 3: insert sensor

See instructions in the sensor box for wear locations. Before you begin, wash and dry your hands; then clean the sensor site with alcohol.



Unscrew cap. Don't touch inside applicator.



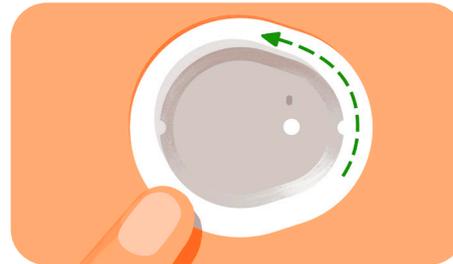
Press and hold applicator firmly against skin until clear safety guard is pushed in. Then push button.



Remove applicator.



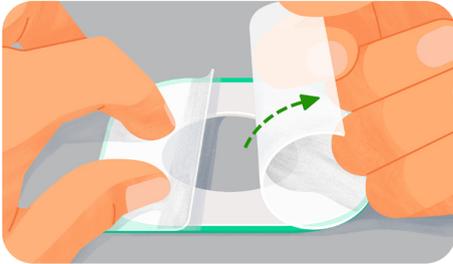
Press sensor for 10 seconds.



Rub around patch 3 times.

step 4: apply overpatch

Note: You may need to look in a mirror for this part.



Carefully pull off both clear liners, one at a time. Don't touch adhesive area.



Use colored tab to place overpatch around sensor.



Rub around overpatch.



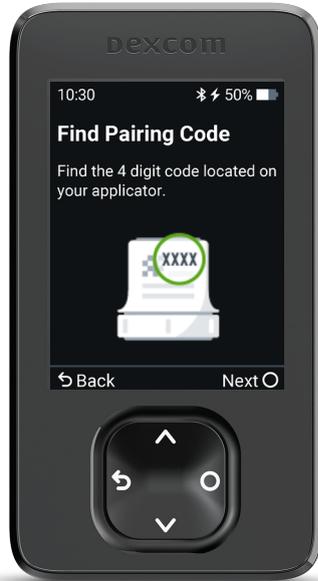
Use tab to peel off liner.



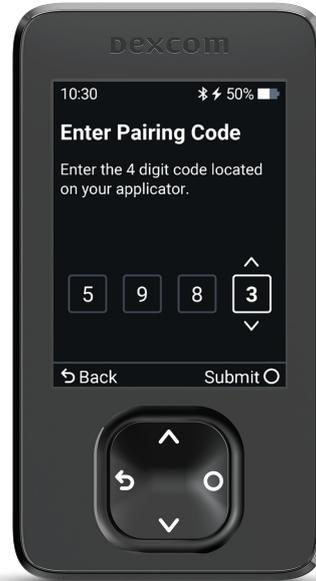
Rub around overpatch.

step 5: pair and start warmup

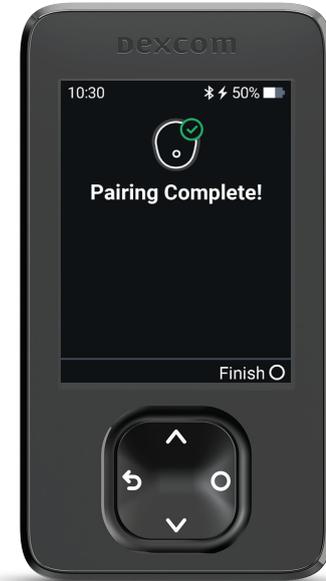
Confirm your sensor is inserted and then start the pairing process.



Find pairing code;
located on applicator.



Enter pairing code.



Wait for sensor to pair.
Tip: keep within 3 feet.

Once communication is confirmed, the warmup will start. The sensor warmup timer tells you when you will start getting readings and alerts. Keep receiver within 33 feet during this time.

trend screen and trend arrows

Glucose tab shows sensor glucose reading, trend graph, and trend arrow.



Trend arrows show the direction your glucose is heading and how fast.

STEADY



SLOWLY RISING OR FALLING



RISING OR FALLING



RAPIDLY RISING OR FALLING



ending your **sensor session**

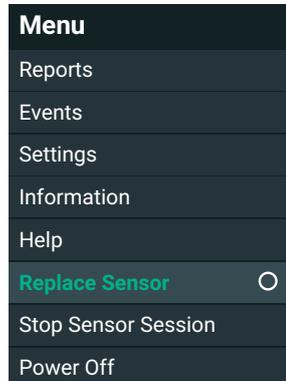


Each sensor session has a 12-hour grace period. After that time your sensor will automatically shut off. Don't worry, you'll be alerted before that happens.

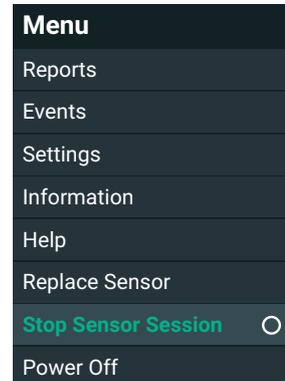
After your sensor session ends, peel off the patch like a bandage.

ENDING SENSOR SESSION EARLY

To end your sensor before it expires automatically, you must first stop the sensor.



OR



Select **Menu**.

Select **Replace Sensor**: If you want to start a new sensor immediately.

Select **Stop Sensor Session**: If you want to stop sensor without starting a new one.

next steps

Dexcom Clarity

Visit Dexcom Clarity at clarity.dexcom.com to track your progress and share data with your clinic. Login using your existing Dexcom account or create a new account. To upload your receiver data, plug your receiver into the computer with your USB charging cable and follow onscreen instructions.



Dexcom G7 app



Download the Dexcom G7 app* to see glucose information on your phone and receiver. Login using your existing Dexcom account or create a new account. The app walks you through setup step-by-step. The app joins your current sensor session. Both the Dexcom G7 and Dexcom G7 15-day sensor work with the Dexcom G7 receiver.

*To view a list of compatible devices, visit dexcom.com/compatibility.

resources



Videos and FAQs

View videos at dexcom.com/training-videos

View FAQs on the “[Learn](#)” section of dexcom.com



Customer Service

General customer inquiries, CGM training and education.

[1-888-738-3646](tel:1-888-738-3646) • See dexcom.com/contact for hours



Technical support

[1-888-738-3646](tel:1-888-738-3646)

24 hours a day, 7 days a week

For concept illustration only. For detailed step-by-step instructions on how to use Dexcom Continuous Glucose Monitoring (CGM) Systems, please refer to the appropriate instructions for use for your product.

BRIEF SAFETY STATEMENT: Failure to use the Dexcom Continuous Glucose Monitoring System and its components according to the instructions for use provided with your device and available at <https://www.dexcom.com/safety-information> and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the Dexcom CGM do not match symptoms, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.

Dexcom, Dexcom Clarity, Dexcom Follow, Dexcom One, Dexcom Share, Stelo, and any related logos and design marks are either registered trademarks or trademarks of Dexcom, Inc. in the United States and/or other countries.

©2025 Dexcom, Inc. All rights reserved. MAT-9859 v1.0

